

**How to Change other People and the World  
(The greatest achievement of all time.)**

- by Don Weldon

It's no joke, it really can be done. You just have to know how to go about it!

When I was young and married, the dominant thought that ran through my mind was, if my wife would just change, everything would be great.

There is a way and then another way to do things. For example, Hitler's idea was to get the world and everyone in it to bend to his will and worship him. He was very clever in knowing how to manipulate others. He even killed millions to achieve his goal. He, Napoleon, and others like them fell short of ruling the world.

I'm sure that you who read these words would never go to that extreme. But think about it. If you can be completely honest with yourself, could it be true that someone (or a few) in your life would make your life easier if they would consider and mostly change to your way of thinking, or agree to let you do things your way.

The great majority on this planet live in frustration and misery because the world, the government, or others are not the way they would like.

I was one of the great majority who was frustrated and miserable until I began to awaken and understand how I could change others and the world.

It slowly began when I heard someone say, "We rush through each day getting this done and that." In other words, trying to corner the market and become rich so we can be happy, or some other goal. Then we wake up dead with a handful of ashes, wondering what it was all about.

As I moved into a new way of thinking and new view of life, I slowly began to realize that I really do not live on this planet earth with my wife and all the others I seem to come in contact with.

It took much longer for me to accept it that if I was irritated or emotionally disturbed about others, the world, and the conditions in my life, that I really can change the whole scene by changing the way I think about it.

It took me much longer to accept that if others, the world, even life disturbed or emotionally upset me, then I was looking in a mirror.

If this was true, then nothing or no one could rattle my cage, ruffle my feathers, or bother me in any way - unless what I saw outside of me was similar to something in my thinking or emotional make up. In other words, what bothered me was not what I saw in the outer world but rather what I didn't like

because it reminded that inner knowing, perhaps unconscious, that had the same misconceptions within me about life that I saw outside of me.

Boy! That's a lot to swallow in one gulp. So I'm still going through some slips and need more inner modifications. Even though I am learning to accept it intellectually, my subconscious, the one I call "the six year old spoiled brat", has not taken it all in.

So I watch my thoughts daily, especially those colored with frustration and emotion, and keep retraining the child within so I can live, at least part of the time, in peace and harmony within my consciousness where I truly live.

I now know that I change the world and others by changing my thoughts and concepts about them. After all, for me, that's where they exist.



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