

Guidance

6 October 1988

Your attitude towards yourself and your role of counselor will be known to the student on unconscious levels, and not knowing why, they will react consciously accordingly.

Turn lose of any doubts or fears about yourself in anyway or about your ability to help the student. You are a part of Life, or God, and the power of Life, or God, working through you will help bring order and harmony to the Life within the student if the student is open and ready to change. If not, then your work is to help them to be open and take action to bring about the changes needed.

Accept yourself as you are and where you are in your growth and let the power within you take control and reach the same power within the student and quicken it to Life on the conscious physical level so that Light and understanding will descend from the higher levels of the student's mind into their conscious awareness.

The little self of you is the only thing that can stand in your way of being able to help the student.

In the counseling session turn lose of any thoughts about yourself. This is not your time. This time period belongs to the student. Give them your full attention by taking your attention off yourself and things that are happening in your life.

NOTES: Teaching is really a healing. Know that the power of healing is not FROM you, but flows through you. Cleanse yourself after each healing and give thanks to the power.

Invision the student's teacher and your teacher and the Christ spirit in between you all. See the Light connection between all. Get the feel of the LEVEL the student is at, to work better with him. You could do this by asking simple questions. This also helps relax and open the atmosphere. Sometimes a simple touch may help open things

The visualizations help to keep you attuned that it is NOT YOU doing the work, but rather the flow of energy through all the beings involved from Life, or God.

Remember that you do not have the right to invade anyone's privacy. When they are ready to talk, then they will.

It is better to underfeed than to overfeed. When you feel a cold

wall, or some other block rise between you and your student, STOP. Do not encroach, do not force. REMEMBER- everyone is where they need to be! They must take their steps in the way best suited for them and their level. Allow them this freedom!!

Sympathy vs. empathy....Sympathy will hold them back because in this, your energy blends with their's to lower the overall level. Sympathy is joining in with their feelings and thus creating a greater force still, but in a negative, or lacking way. Empathy is caring, but knowing the Truth. Suffering is a lack of Love, so give Love to heal. Thus your positive energy will help to counter their blocks.

You must assume the role of counselor!!!!

BOOKS: Psycho Cybernetics by Maxwell Maltz
Think and Grow Rich



*If you are interested in metaphysical discussions visit Meta-Moments on YouTube



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